

## Forum

# Recommendations for Development of Resilience-Based State-and-Transition Models

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### Abstract

The objective of this paper is to recommend conceptual modifications for incorporation in state-and-transition models (STMs) to link this framework explicitly to the concept of ecological resilience. Ecological resilience describes the amount of change or disruption that is required to transform a system from being maintained by one set of mutually reinforcing processes and structures to a different set of processes and structures (e.g., an alternative stable state). In light of this concept, effective ecosystem management must focus on the adoption of management practices and policies that maintain or enhance ecological resilience to prevent stable states from exceeding thresholds. Resilience management does not exclusively focus on identifying thresholds per se, but rather on within-state dynamics that influence state vulnerability or proximity to thresholds. Resilience-based ecosystem management provides greater opportunities to incorporate adaptive management than does threshold-based management because thresholds emphasize limits of state resilience, rather than conditions that determine the probability that these limits will be surpassed. In an effort to further promote resilience-based management, we recommend that the STM framework explicitly describe triggers, at-risk communities, feedback mechanisms, and restoration pathways and develop process-specific indicators that enable managers to identify at-risk plant communities and potential restoration pathways. Two STMs representing different ecological conditions and geographic locations are presented to illustrate the incorporation and application of these recommendations. We anticipate that these recommendations will enable STMs to capture additional ecological information and contribute to improved ecosystem management by focusing attention on the maintenance of state resilience in addition to the anticipation of thresholds. Adoption of these recommendations may promote valuable dialogue between researchers and ecosystem managers regarding the general nature of ecosystem dynamics.

### Resumen

El objetivo de este documento es recomendar las modificaciones conceptuales para la incorporación en los modelos estado-y-transición (STMs) para ligar explícitamente este marco con el concepto de resistencia ecológica. La resistencia ecológica describe la cantidad de cambio o de interrupción que se requiere para transformar un sistema mantenido con sus procesos y estructuras mutuas a un sistema diferente (ej. un estado estable alternativo). Basándose en esta idea, el manejo eficaz del ecosistema debe centrarse en la adopción de prácticas de manejo y reglamentos que mantengan o promuevan la resistencia ecológica para evitar que los estados estables excedan los umbrales. El manejo de la resistencia no se centra exclusivamente en la identificación de umbrales por sí mismo, sino en las dinámicas dentro del-estado que influyen vulnerabilidad o proximidad del estado a los umbrales. El manejo del ecosistema basado en la resistencia proporciona mayores oportunidades de incorporar a un manejo adaptativo que el manejo basado en umbrales debido a que los umbrales acentúan los límites de resistencia del estado, en lugar de las condiciones que determinan la probabilidad de que estos límites sean sobrepasados. En un esfuerzo para promover aun más allá el manejo basado en la resistencia, recomendamos que el marco del STM describa explícitamente causas, comunidades en riesgo, mecanismos de regeneración y vías para la restauración y desarrollo de indicadores que permitan a los encargados identificar comunidades de plantas en riesgo y vías potenciales para su restauración. Dos STM que representan diversas condiciones ecológicas y localizaciones geográficas se presentan para ilustrar la incorporación y el uso de estas recomendaciones. Anticipamos que estas recomendaciones permitirán a STM capturar la información ecológica adicional y contribuir a un mejor manejo del ecosistema poniendo atención en el mantenimiento del estado de resistencia además de la anticipación de umbrales. La adopción de estas recomendaciones puede promover un valioso diálogo entre investigadores y encargados del los ecosistemas con respecto a la dinámica del ecosistema.

**Key Words:** alternative stable states, dynamic regimes, ecological resilience, rangeland monitoring, thresholds

### INTRODUCTION

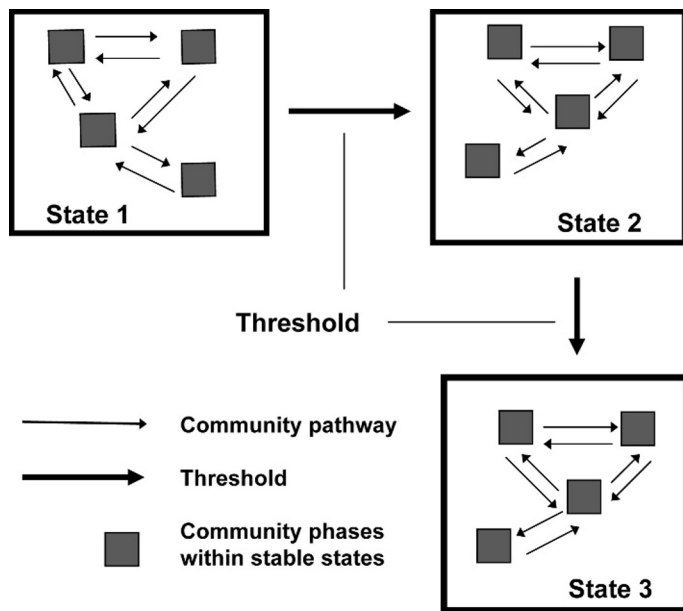
State-and-transition models (STMs) have been formally adopted for rangeland application by several federal agencies as a central component of Ecological Site Descriptions and are broadly used for ecosystem assessment within the rangeland profession (e.g., Chartier and Rostagno 2006). STMs are organized as a collection of alternative stable states that

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**Figure 1.** Illustration of a conventional state-and-transition model depicting three stable states (large open boxes) and four community phases (small solid boxes) within each state. This framework is used to describe known or anticipated pathways of vegetation dynamics on individual ecological sites. Transitions among community phases within states are reversible, but those between states are not reversible without management intervention (i.e., a threshold has been crossed). Both reversible and nonreversible state dynamics must be evaluated for accurate ecological assessments and management applications. Adapted from Stringham et al. (2003).

represent the known or anticipated ecosystems that individual ecological sites (soil/climate-based land units) may support (Westoby et al. 1989; Stringham et al. 2003). Each state contains one or more community phases representing system dynamics within the limits of the state. Dynamics among community phases may be driven independently or in combination by natural events (e.g., succession or disturbances) or human activities (e.g., land management and development; Walker et al. 2004). Individual states are separated by thresholds that can be induced by natural or human events (Fig. 1). STMs have been explicitly developed to evaluate ecosystem dynamics and establish management objectives on rangelands by accommodating multiple successional pathways and alternative stable states on individual ecological sites (Westoby et al. 1989; Bestelmeyer et al. 2003; Stringham et al. 2003; Bestelmeyer et al. 2004; Briske et al. 2005). Although less well recognized, STMs also provide a framework to assess the current and future resilience of ecosystems under specific sets of conditions, drivers, and disturbances (e.g., Walker et al. 2004; Allen et al. 2005; Cumming et al. 2005).

Our understanding of STMs has advanced substantially since formal definitions of model components were proposed (Westoby et al. 1989; Friedel 1991; Stringham et al. 2003). Additional complexity has been recognized in the form of triggers, structural patterns, and ecological functions that modify state dynamics and contribute to the crossing of thresholds and formation of alternative stable states (Briske et al. 2005, 2006; Bestelmeyer et al. 2006a; Peters et al. 2006a). A

memorandum of understanding among three federal US agencies in 2005 calls for interagency adoption of the ecological site concept, providing further incentive for incorporation of current knowledge in the STM framework. This paper reports conceptual advancements in STMs that were developed and presented at a State-and-Transition Ecological Theory workshop sponsored by the US Department of Agriculture–Natural Resources Conservation Service (USDA–NRCS) and Oregon State University, August 2006.

The proposed conceptual modifications will provide three important benefits to the current STM framework. First, they explicitly connect the STM framework to the concept of ecological resilience (Briske et al. 2003; Folke et al. 2004; Cumming et al. 2005). This linkage increases relevance of the framework to a broader range of potential applications and stakeholders. Second, emphasis on resilience refocuses management attention toward state attributes and management actions that affect state vulnerability and proximity to thresholds, rather than on the identification of thresholds per se (Watson et al. 1996; Gunderson 2000). Third, they will provide the potential for STMs to capture a broader set of variables necessary to anticipate and identify conditions that determine state resilience. Current models often emphasize a narrow set of primarily management-related activities, including prescribed grazing and burning, to describe or anticipate thresholds (i.e., classification thresholds) and overlook the importance of interrelated ecological and management events contributing to ecosystem resilience (Bestelmeyer 2006). We argue here that the conceptual modifications described below strengthen both the ecological foundation and operational effectiveness of the STM framework.

## STMs ARE FOUNDED UPON ECOLOGICAL RESILIENCE

The STM framework is founded upon the concept of ecological resilience, which originated from nonequilibrium theory during the 1970s (Holling 1973; Briske et al. 2003; Folke 2006; see Table 1). *Ecological resilience* describes the amount of change or disruption that is required to transform a system from being maintained by one set of mutually reinforcing processes and structures to a different set of processes and structures (Peterson et al. 1998). This interpretation of resilience assumes that ecosystems can be expressed as two or more alternative stable states and emphasizes the potential occurrence of state transitions based upon shifts between unique sets of organizing structures and processes (Fig. 2). This definition is distinct from that of engineering resilience, which describes the rate at which ecosystems return to their original stable state following a perturbation. This definition focuses on ecosystems that remain in a single stability domain or retain only a single equilibrium point. *Thresholds* represent conditions sufficient to modify ecosystem structure and function beyond the limits of ecological resilience, resulting in the formation of alternative states (e.g., Gunderson 2000; Scheffer et al. 2001; Stringham et al. 2003; Folke et al. 2004).

*States* represent a suite of plant community phases occurring on similar soils that interact with the environment to produce persistent functional and structural attributes and a character-

**Table 1.** Resilience-based concepts recommended for incorporation in the state-and-transition model framework.

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*At-risk community phase*—Plant community phase within a state that is most vulnerable to exceeding the resilience limits of the state (i.e., precarious; sensu Walker et al. 2004).

*Ecological resilience*—Amount of change or disruption that is required to transform a system from being maintained by one set of mutually reinforcing processes and structures to a different set of processes and structures.

*Feedback mechanisms*—Ecological processes that enhance (negative) or decrease (positive) ecosystem resilience.

*Feedback switch*—Point at which feedbacks shift from a dominance of negative feedbacks that maintain ecosystem resilience to a dominance of positive feedbacks that decrease ecosystem resilience and contribute to a state change.

*Restoration pathways*—Re-establishment of prethreshold states following active restoration of negative feedback mechanisms necessary to maintain the resilience of these states.

*States*—A suite of plant community phases occurring on similar soils that interact with the environment to produce persistent functional and structural attributes associated with a characteristic range of variability.

*Thresholds*—Conditions sufficient to modify ecosystem structure and function beyond the limits of ecological resilience, resulting in the formation of alternative states.

*Triggers*—Biotic or abiotic variables or events, acting independently or in combination, that initiate threshold-related processes by contributing to the immediate loss of ecosystem resilience.

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istic range of variability. *Community phases* represent within-state variability that has also been described as dynamic regimes (Scheffer and Carpenter 2003). Some states express inherently high resilience (i.e., they are resistant; Walker et al. 2004) and have a low probability of approaching and crossing thresholds to form alternative stable states (i.e., shortgrass prairie, juniper, and mesquite woodlands; Fig. 2). Other states have inherently low resilience and must be carefully managed to minimize probabilities of crossing thresholds to alternative stable states (i.e., specific sites in desert grasslands, shrub steppe, mesic grasslands; Bestelmeyer et al. 2006b).

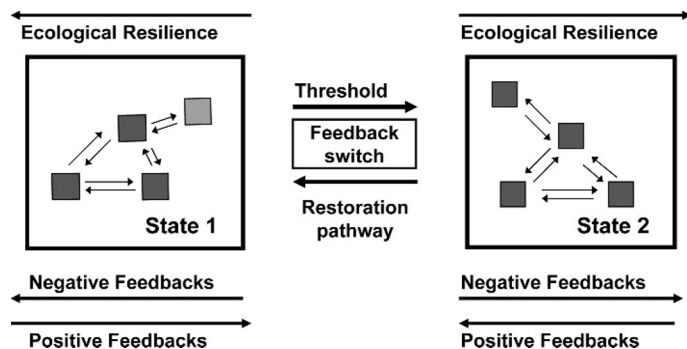
It should be noted that the depiction of resilience in Figure 2 applies only to two state systems separated by a threshold. If a third state is added to the right of State 2, the direction of resilience and feedbacks for State 2 will need to be reversed to

align properly with State 3. However, this does not detract from the application of these resilience-based concepts to STMs as indicated below.

Ecological resilience of desirable states can be reduced by improper land use practices (e.g., fire suppression, reduction of soil protection, and species introduction) and extreme environmental conditions (e.g., multiyear drought, intense storm events, insect and disease outbreaks), either independently or in combination (Folke et al. 2004; Cumming et al. 2005). Loss of resilience may often be expressed as a slow imperceptible decline over periods of years and decades that increases the probability of thresholds being crossed to form alternative stable states (Scheffer and Carpenter 2003). Alternatively, the loss of resilience may result from an abrupt change in ecosystem pattern and process induced by severe episodic events such as 500-yr storms or multiyear droughts that act on low-resilience systems (Beisner et al. 2003; Walker et al. 2004). We advocate that ecosystem management will be most effective if it focuses on the adoption of management practices and policies that maintain or enhance ecological resilience of desirable states, rather than solely seeking to avoid thresholds (e.g., Holling 1996).

The maintenance of state resilience and development of alternative states following the crossing of thresholds are directly related and represent opposite sides of the nonequilibrium coin. We are recommending that greater attention be directed toward resilience-based management because it emphasizes the conditions and dynamics that influence state proximity and vulnerability to potential thresholds, in addition to the thresholds themselves (e.g., Watson et al. 1996; Gunderson 2000; Allen et al. 2005). This important distinction increases the ability to manage ecosystem change rather than merely react to it by providing greater opportunities to incorporate adaptive management (Folke 2006). In other words, adaptive management can reduce the probability that thresholds will be crossed by maintaining state resilience without necessarily affecting the conditions that precipitate thresholds.

Resilience-based STMs are also applicable to rangeland ecosystems that currently exist in undesirable stable states. In these cases, the objective is to estimate the resilience attained by alternative states and the extent to which alternative states have moved beyond thresholds separating them from more desirable



**Figure 2.** Ecological resilience can be envisioned as the movement of current and alternative states (large open boxes) toward or away from pending thresholds. State proximity to pending thresholds is dependent upon the resilience of various community phases (small solid boxes) that originate from the relative expression of negative:positive feedbacks. The at-risk community phase is represented by the lightly shaded box in State 1. An increase in negative feedbacks enhances resilience and moves community phases and associated states away from thresholds, whereas an increase in positive feedbacks diminishes resilience and moves community phases and states toward thresholds. States cross a threshold to an alternative state when there is a switch from a dominance of negative to positive feedbacks (e.g., feedback switch). Restoration pathways represent the reversal of thresholds by active restoration of negative feedback mechanisms.

states. Application of this approach is described in the following section addressing restoration pathways.

## RESILIENCE-BASED CONCEPTS

### At-Risk Plant Communities

A critical management question drawing on resilience concepts (Table 1) is, “how far can ecosystems deviate from reference states (i.e., historic or potential plant community) before they are at risk of crossing a threshold” (Briske et al. 2006; Groffman et al. 2006)? This question may most effectively be addressed by identifying plant community phases within states that have undergone the greatest decrease in resilience. The “*at-risk*” *plant community* describes the community phase within a state that is most vulnerable to exceeding resilience limits of the state (i.e., precarious; sensu Walker et al. 2004). For example, particular patterns in vegetation and soil may provide evidence of vulnerable community phases, as well as the occurrence of triggers, to signal that management adjustments are required to avoid crossing a threshold (Bestelmeyer 2006; Tongway and Ludwig 1997). The at-risk community serves as an indicator of threshold risk for specific states and signals managers to take necessary actions to enhance state resilience.

*Triggers* represent biotic or abiotic variables or events, acting independently or in combination, that initiate threshold-related processes by contributing to the immediate loss of ecosystem resilience (Scheffer and Carpenter 2003; Briske et al. 2006). Triggers are ultimately responsible for inducing a *feedback switch* that alters ecosystem feedbacks from a dominance of negative feedbacks that maintain resilience to a dominance of positive feedbacks that decrease resilience and contribute to state change (Wilson and Agnew 1992; Folke et al. 2004). The switch from a dominance of negative to positive feedbacks represents the point at which ecological function ceases to support the former state and the system begins to reorganize into an alternative state. Development of alternative stable states following the occurrence of a feedback switch and the crossing of thresholds may be gradually expressed over several decades as resilience of alternative states continues to increase, but in other cases it may occur rapidly in conjunction with severe episodic events that impose substantial changes in state conditions (Beisner et al. 2003; Scheffer and Carpenter 2003; Walker et al. 2004). This implies that negative and positive feedbacks do not necessarily behave in a continuous and complementary manner within states. The rate at which the feedback switch is expressed will establish the degree of nonlinearity or discontinuity characteristic of specific thresholds (Briske et al. 2006). Recognition of the trigger–feedback concept partially explains why thresholds are so difficult to identify; they involve abrupt, short-term changes in ecological patterns and processes (e.g., occurrence of a feedback switch) that may have slowly developing, long-term consequences that are often difficult to recognize until the alternative state is well defined.

### Restoration Pathways

The ability to return to previous states after thresholds have been crossed is also of vital interest to ecosystem managers. The re-establishment of prethreshold states following active restoration of negative feedback mechanisms necessary to

maintain the resilience of these states can be described as *restoration pathways*. The concept of restoration pathways conveys that restoration practices are required before the former state can be recovered and it minimizes the inconsistency of suggesting that thresholds are reversible, which by definition they are not without management intervention. Restoration pathways vary greatly in probability of success, appropriateness of restoration prescriptions, and cost (Suding et al. 2004; Bestelmeyer 2006).

The answer to the question, “how resilient have alternative states become?” is dependent upon the extent to which negative feedbacks have developed in the alternative state and the extent to which biotic and abiotic components of the system have been modified. It is reasonable to assume that alternative states become more resilient with increasing modification of ecosystem structure and function after thresholds are exceeded. Feedback-driven change within a postthreshold state implies that restoration pathways become more difficult to implement over time (Whisenant 1999; Suding et al. 2004; Bestelmeyer 2006). Reestablishment of ecosystem function and resilience of the former state depends upon the extent of resilience attained by the alternative state and remaining residual properties of the former state (i.e., species composition, seed and soil properties) that promote restoration (Briske et al. 2006). This illustrates the need to identify indicators of potential restoration pathways that support development of appropriate and effective restoration prescriptions.

### Discontinuous Community Phases

Community phases within a state are assumed to be readily reversible (i.e., double arrows between them) over relatively short time periods (e.g., years to decades) without management intervention, because they are not separated by thresholds (Stringham et al. 2003; Fig. 1). However, it has long been recognized that degradation and recovery within ecosystems may not necessarily progress through the same successional pathways, which represents the condition known as hysteresis (Walker 1993; Scheffer and Carpenter 2003). Hysteresis indicates that all community phases within a state may not have reversible connections because an intermediate phase may be required to recover specific community phases, even though the degradation pathway was more direct. For example, the at-risk community phase may not progress directly to the most resilient community phase from which it was transformed, without passing through an intermediate phase (i.e., the most and least resilient phases are discontinuous). Although this represents a rather subtle point, it may have important consequences for interpreting within-state dynamics, including both state proximity to thresholds and the appropriate restoration pathway in some ecosystems.

## DEVELOPMENT OF RESILIENCE ASSESSMENTS

Assessment of state resilience represents an ecologically robust approach to ecosystem management, but it does not readily lend itself to application (Allen et al. 2005; Bennett et al. 2005; Groffman et al. 2006). Recognizable indicators and benchmark conditions are required to identify when states are approaching thresholds, as well as how far states have moved beyond



**Table 2.** Summary of potential indicators and their corresponding assessment attributes to evaluate state vulnerability to thresholds and to assess potential restoration pathways.

Category	Indicator	Assessment
Indicators of state vulnerability to thresholds		
Triggers	Severe drought	Weather records, plant cover, density, mortality
	Series of wet years	Weather records, plant cover, density, establishment
	Modified fire regimes	Land use history, woody plant density, fuel load, species composition
	Severe grazing	Species composition, plant cover, size, density
	Species introductions	Presence/absence, rate of spread, dominance
	Episodic events	Extreme weather patterns, marked change in species composition and cover, soil movement and loss
Feedbacks		
Soils	Soil erosion/nutrient loss	Soil loss, rills, pedestals
	Bare soil/patch size	Area, distribution, connectivity
	Nutrient redistribution	Horizontal plant distribution, coppicing, desert pavement
	Soil surface degradation	Aggregate stability, organic matter, microtopography
	Soil compaction	Bulk density, strength
	Aggregate stability	Soil surface slaking
Community	Species/functional group loss	Species inventory/monitoring
	Invasive species increases	Density, rate of spread, dominance
	Vegetation spatial pattern	Cover, pattern, area, connectivity
	Fine fuel load and continuity	Amount, pattern, area
	Plant reproductive potential	Reproductive structures, plant size
Function	Aboveground productivity	Biomass estimates
	C and N pools	Biomass, soil organic matter
	Infiltration rate	Plant, litter cover, slope, texture
	Runoff rate and pattern	Plant, litter cover, slope, texture
Indicators of potential restoration pathways		
Resilience of alternative state	Species/functional group composition	Species composition, distribution
	Soil modification	Depth, movement, loss, compaction layer
	Hydrological function	Infiltration, channelization, runoff
Residual properties of former state	Species composition	Density, distribution, size, reproduction
	Seed sources	Availability, distribution
	Hydrologic function	Infiltration, runoff
	Nutrient distribution	Spatial plant and soil patterns
	Soils	Horizons, depth, texture

thresholds after they have been crossed (Briske et al. 2006; see Bestelmeyer et al. 2006c and Sasaki et al. 2008 for examples; Fig. 2). Indicators of decreasing state resilience (e.g., increasing size and connectivity of bare patches) forewarn managers that actions must be taken to stabilize resilience and minimize the probability of crossing a threshold. Similarly, indicators of alternative state resilience (e.g., height and density of encroaching shrubs) following the crossing of thresholds provides information concerning both the probability and appropriate prescriptions for implementation of successful restoration pathways (Whisenant 1999; Bestelmeyer 2006; King and Hobbs 2006; Allen and Nowak 2008).

In order to operationalize resilience concepts, we recommend that the STM framework incorporate triggers, at-risk community phases, feedback mechanisms, and restoration pathways for each threshold separating individual states, including

process-specific indicators, to identify at-risk plant communities and potential restoration pathways (Table 2). When the possibility exists for state conversion to more than one alternative state, information should be provided for each potential state. These new components can be explicitly described in both narrative and graphic form following the format of recently proposed changes in ecological site descriptions (see model examples below). Emphasis on resilience-based assessments requires that attention be focused toward development of process-based as well as structural indicators to interpret and describe both within- and between-state dynamics within the STM framework.

### Triggers and At-Risk Communities

The description of triggers should include an assessment of important natural and anthropogenic events that are known or

assumed to contribute directly to the loss of state resilience (Table 2). Some triggers may be anticipated in advance, but others are unpredictable and can only be recognized following their occurrence. Identification of at-risk communities involves the description of community phases known or assumed to have the least ecological resilience within a state (e.g., most likely to undergo soil loss or species invasion) and to immediately precede shifts to alternative states. Descriptions of triggers and at-risk communities should emphasize vegetation and soil indicators that are related to feedbacks and the processes that reduce resilience of existing states. See <http://www.nm.nrcs.usda.gov/technical/fotg/section-2/esd/sd2.html> for early examples of indicator use in STMs.

### Positive and Negative Feedbacks

Indicators of positive and negative feedbacks, contributing to either decreasing or increasing state resilience, respectively, are inferred from altered patterns and processes within individual states (Table 2). For example, if a large, continuous fine fuel load is an important negative feedback that maintains grasslands by frequent fires, then drought or excessive grazing for a prolonged period creates a strong positive feedback that moves the state toward a threshold by reducing fuel load, reducing fire frequency, and enabling woody plants to establish and develop. Increasing woody plant cover strengthens the positive feedback by further reducing the amount and continuity of fine fuel necessary to maintain a frequent fire regime. In semiarid regions, grassland states are maintained by a uniform distribution of soil nutrients, whereas shrub-land systems are promoted by the accumulation of nutrients within the immediate vicinity of isolated shrub canopies (Schlesinger et al. 1990). Consequently, redistribution of soils and nutrients from fine-grained to a coarse-grained scale represents a positive feedback with respect to grassland states, but a negative feedback with respect to the resilience of shrub-land states.

The approximate time period, either known or anticipated, required for triggers and feedbacks to reduce resilience and for alternative states to develop, should also be estimated. For example, we can estimate the number of years of fire suppression, in response to drought or severe grazing, beyond which fire is no longer carried effectively or able to induce mortality of established woody plants (see Swetnam et al. 1999 for related examples). In other cases, threshold conditions and alternative state development are not easily determined because they correspond to the frequency of episodic events such as high-intensity rainfall events, fire years, or multiyear drought.

### Resilience of Alternative States

Patterns and processes associated with negative feedbacks in alternative states provide indicators of the resilience attained by these states after thresholds have been crossed. The occurrence of increasingly negative feedbacks within alternative states increases their resilience and diminishes the likelihood of restoration success. Increasing dominance of competitive plant species, soil modification, and alteration of surface hydrology are all important indicators of strengthening resilience of alternative states (Table 2). It is important to recognize that processes representing positive feedbacks (reducing resilience)

in former states may constitute negative feedbacks (increasing resilience) in alternative states. For example, the reduction of fine fuel loads represents a positive feedback reducing resilience of grassland states, but it constitutes a negative feedback increasing resilience of woodland states.

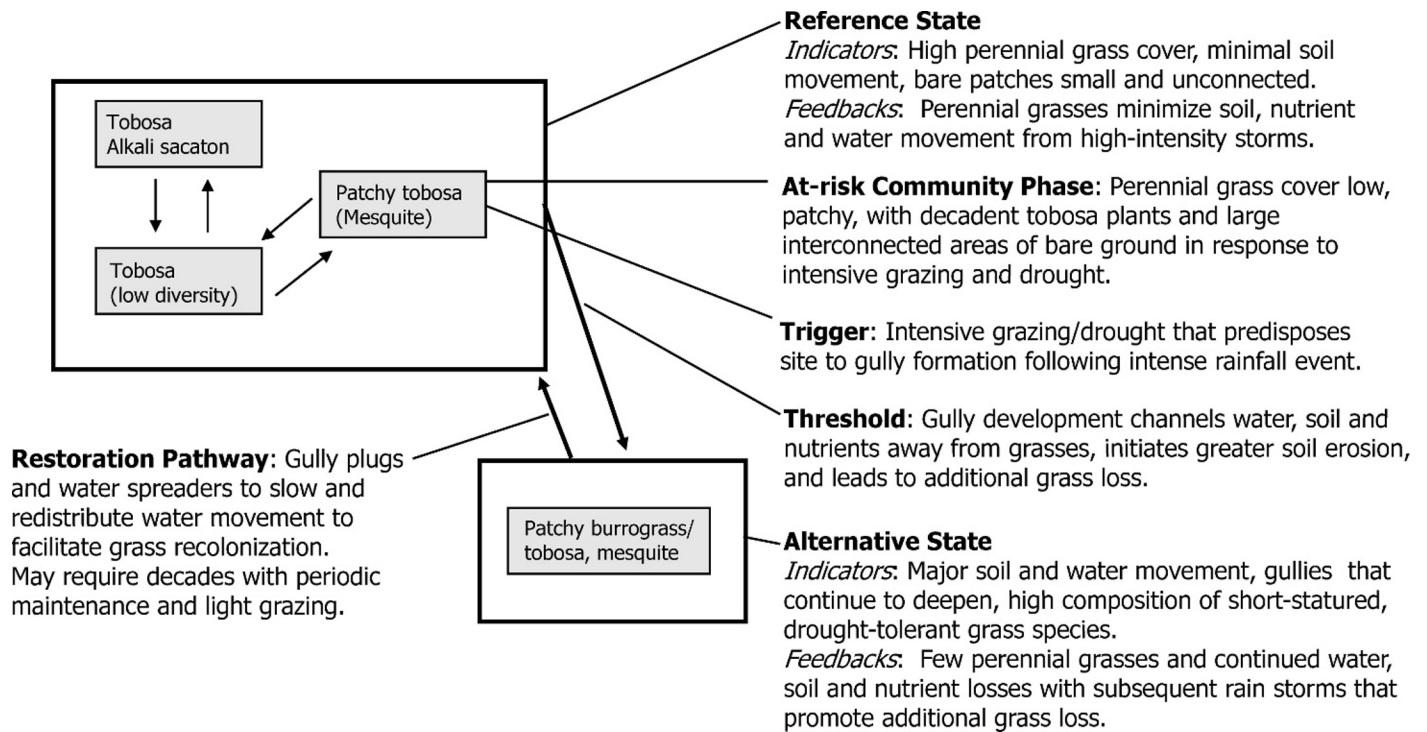
### Restoration Pathways

Restoration pathways are assessed with indicators that identify residual properties of former states that remain within alternative states after thresholds have been crossed (Briske et al. 2006). For example, when grassland states cross thresholds and are converted to woodland states not all properties (e.g., grassland species, seed banks, soils) of grassland states are immediately lost, even though resilience limits have been exceeded. The presence of residual ecosystem properties greatly influence the rate, probability of success, and prescriptions required for restoration pathways. These residual properties often decline with time following the crossing of thresholds and with increasing resilience of alternative states (e.g., Dye et al. 1995; Valone et al. 2002; Allen and Nowak 2008). The occurrence of residual properties may show spatially explicit patterns in heterogeneous landscapes that must be recognized and incorporated into restoration procedures (Peters et al. 2006b). Once these residual ecological properties have been lost, the probability of implementing successful restoration pathways diminishes and the potential cost of restoration increases (Briske et al. 2006; Bestelmeyer 2006). For example, seeding can overcome species loss in many cases, but repair of soil properties and hydrological processes may often require more elaborate and prolonged restoration prescriptions (Whisenant 1999; Herrick et al. 2006). However, these residual properties must be interpreted with caution, because their mere presence does not necessarily ensure the existence of viable restoration pathways, especially if other site characteristics have been substantially modified (e.g., altered hydrological characteristics, redistribution of soil and nutrients).

Community phases within alternative states that have developed the least resilience (e.g., fewest negative feedbacks) and possess the greatest proportion of residual properties of the former state are the most likely candidates from which to initiate restoration pathways. However, successful restoration pathways may not necessarily involve the same community phases that existed when thresholds were crossed because of potential hysteresis effects described in the previous section on discontinuous community phases. The potential for unique thresholds and restoration pathways (i.e., loss and recovery of state resilience) is strongly influenced by the extent to which the structure and function of alternative states has deviated from that of former states.

## APPLICATION OF RESILIENCE-BASED RECOMMENDATIONS

Two STMs are presented to illustrate how these recommended modifications could be applied in the context of the USDA-NRCS STM format developed for inclusion in ecological site descriptions. Each example features distinct processes underlying



**Figure 3.** A partial model and interpretive text from the Draw ecological site in the northern Chihuahuan Desert of southwestern New Mexico (Major Land Resource Area 42B, 20–25-cm precipitation zone). Species presented in the model include tobosa (*Pleuraphis mutica* Buck.), alkali sacaton (*Sporobolus airoides* [Torr.] Torr.), burrograss (*Scleropogon brevifolius* Phil.), and mesquite (*Prosopis glandulosa* Torr.).

ing unique state dynamics and threshold behaviors to illustrate the robust application of these proposed modifications. The examples specifically identify where the concepts of “at-risk community phases,” “feedbacks,” “triggers,” “restoration pathways,” and their related indicators are included as specific components of model diagrams and narrative.

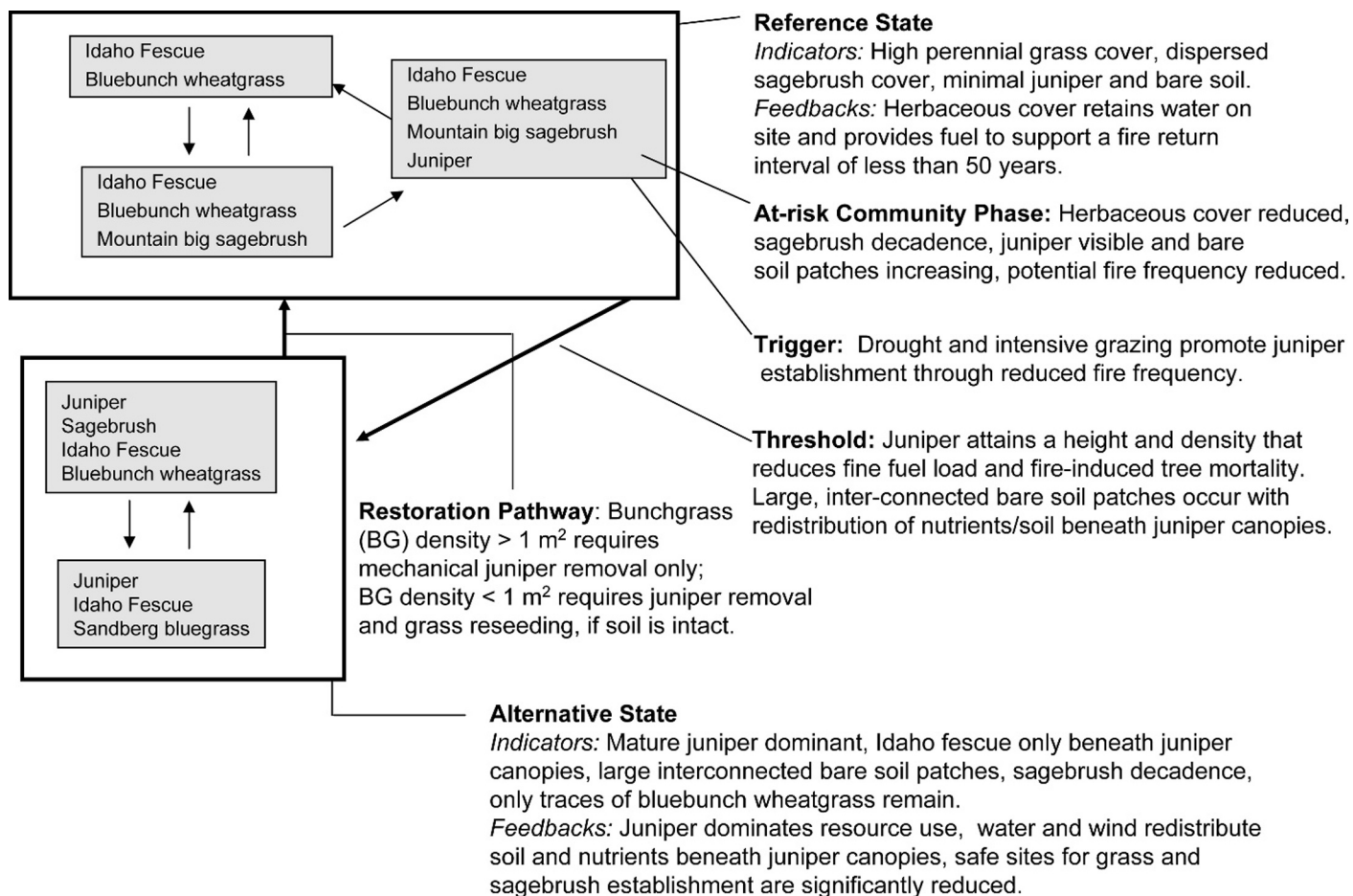
The first example describes a hydrology-based threshold in the Draw ecological site in the northern Chihuahuan Desert of southwestern New Mexico (Major Land Resource Area [MLRA] 42B, 20–25-cm precipitation zone; Fig. 3). This example conveys the development of an at-risk community defined by increased vulnerability to catastrophic erosion. The transition to a gullied state is triggered by a high-intensity rainfall event affecting a community phase characterized by low grass cover and large patches of bare soil. The threshold is defined when formation of gullies initiates self-reinforcing degradation (e.g., negative feedback for maintenance of the gullied state), even with improved grazing management. Deepening of the gully causes increasing resilience of the post-threshold state. Restoration pathways initially involve gully repair to halt and potentially reverse degradation. Larger gullies associated with soil loss adjacent to the channel are more difficult to restore.

The second example demonstrates the effect of fire on woody plant invasion in the Mountain Clayey ecological site in the Upper Snake River area of eastern Oregon and western Idaho (MLRA 10, 30.5–40.5-cm precipitation zone; Fig. 4). Drought and intensive grazing trigger reduced fuel loads and fire frequency (e.g., positive feedbacks) to allow western juniper (*Juniperus occidentalis* Hook.) to establish and attain a

sufficient height and density to minimize fire-induced mortality (e.g., the threshold). As the juniper woodland matures and herbaceous species decline, infiltration rates decrease and overland flow increases to establish a negative feedback that promotes resilience of the woodland state (Petersen and Stringham 2008). A restoration pathway to mountain big sagebrush (*Artemisia tridentata* subsp. *vaseyana* [Rydb.] Beetle) steppe is possible on sites with intact soils via mechanical juniper removal, but seeding of native grasses and sagebrush may be required if seed pools are limited.

## MANAGEMENT IMPLICATIONS

We suggest that incorporation of more explicit resilience-based concepts within the STM framework accomplishes two important objectives. First, the concepts expand the ecological foundation of the STM framework by directly linking it to ecological resilience. Adoption of resilience concepts promotes adaptive management by emphasizing indicators of state resilience in addition to indicators of pending thresholds. Second, the recommended modifications enable STMs to identify a broader range of variables to anticipate and identify conditions that determine state resilience to better inform ecosystem managers of risk and restoration options. We anticipate that incorporation of resilience-based concepts will enhance the capacity of the STM framework to capture and convey ecological information to a broader group of stakeholders to promote dialogue between researchers and ecosystem managers.



**Figure 4.** A model and interpretive text from the Mountain Clayey ecological site in the Upper Snake River area of eastern Oregon and western Idaho (Major Land Resource Area 10, 30–40-cm precipitation zone). Species presented in the model include bluebunch wheatgrass (*Pseudoroegneria spicata* [Pursh] A. Love), Idaho fescue (*Festuca idahoensis* Elmer), western juniper (*Juniperus occidentalis* Hook.), mountain big sagebrush (*Artemisia tridentata* Nutt. subsp. *vaseyana* [Rydb.] Beetle), and Sandberg bluegrass (*Poa secunda* J. Presl).

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