# MONITORING ANIMAL PERFORMANCE and PRODUCTION SYMPOSIUM PROCEEDINGS

## SOCIETY FOR RANGE MANAGEMENT 40 th ANNUAL MEETING

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Convened by:
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#### PREFACE

This is the third in a series of symposia which are designed to critically examine the philosophy and methodology currently being used to examine the status and changes in condition of rangelands. Members of the Western Regional Coordinating Committee present the results of their in-depth evaluation of our knowledge, attitudes, and methods for monitoring rangelands as related to cover, soils, and weather data. Financial support has been provided by the respective state agricultural experiment stations.

Jerry Holechek Donald A. Jameson Conveners

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#### DIRECT MEASURES OF THE GRAZING ANIMAL'S NUTRITIONAL STATUS

D. M. Anderson

ABSTRACT: Accurate, precise, rapid, and cost effective procedures must characterize the techniques used to measure an animal's nutritional status. The classical information on the grazing animal's nutritional status has been determined by monitoring the chemical composition of the standing crop, the botanical and chemical composition of diets using esophageally fistulated animals, and the use of physical measurements including liveweight. Tissue and body fluid analyses for the diagnosis of nutritional problems have been stimulated by the development of automated equipment. Techniques that use body condition scores, based on a visual appraisal or external palpation for subcutaneous fat, correlate well with stored energy in the animal. Body condition correlates with reproductive efficiency and milk production. Prepartum condition can be used to effectively manage fat and thin livestock according to their nutritional needs for optimum sustained production. To understand and accurately manage the complex relationships that exist at the plant-animal interface, no single measure will be adequate to describe the nutritional status of grazing animals. However, body condition scores should be considered as a cost effective tool that can be used by both the producer and researcher.

#### INTRODUCTION

Knowledge of the grazing animal's nutritional status is essential to modern man because much of his everyday life style is intrinsically linked to the ruminant animal. The life cycle of most ruminants begins and, in many instances, is carried out totally under range and pasture conditions (Van Dyne et al. 1980). Standing crop quantity and quality of range or pasture is by its very nature perishable; therefore, the problem facing all producers is how to efficiently harvest and sell forage through the animal to the best ecological, nutritional, and economic advantage. A complex problem unfolds when man tries to effectively manage the nutritional status of the grazing ruminant. This is due to a multifaceted set of interrelationships involving the environment, the plant, and the animal.

Early investigators tried to define what constitutes adequate range animal nutrition by determining the chemical composition of the standing crop (Watkins 1937, Fraps and Cory 1940). Because sheep (Milton 1933) and cattle (Hardison et al. 1954) graze selectively, knowing the chemical composition of the standing crop provides an incomplete representation of what the nutritional status is for the grazing animal. With the advent of the esophageal fistula technique, described by Torell (1954), a tool was developed to help the researcher determine what the botanical and chemical composition of the grazing

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D. M. Anderson, USDA, Agricultural Research Service, Jornado Experimental Range, Las Cruces, NM. animal's diet was at any particular point in time. With the fistula technique the influence of animal selectivity (Theore et al. 1976) and preference (Skiles 1984) on diet composition was effectively addressed. Even though the esophageal fistula technique can give valuable answers, it is not free of bias. This technique has inherent factors that can reduce the accuracy in determining the botanical and chemical composition of the sample diet obtained (Lesperance et al. 1974). The fistula technique has substantially improved the science of grazing animal nutrition, yet the establishment (Harris et al. 1967, Little and Takken 1970, McManus 1981) and maintenance (Bredon and Short 1971) of these surgically prepared animals remains as much art as science.

Over the past 20 years there has been essentially no major developmental evolution within the esophageal fistula technique as evidenced by comparing the review by Van Dyne and Torell (1964) with the more recent review by Holechek et al. (1984). Most of the recent literature involving the esophageal fistula technique is accumulating on the design of plugs or cannulas (Ellis et al. 1984, Anderson et al. 1985, Forword et al. 1985, Walker et al. 1985, Grunwaldt and Sosa 1986), on devices that can reopen fistulas that have contracted (Anderson and Mertz 1982), and on devices to keep the opening from contracting during diet collections (J. C. Malachek, personal communication). Redesigned collection bags (Center and Jones 1984) and how bags might be attached to the animal (Kartchner and Adams 1983) have also been addressed.

All questions associated with evaluating the grazing animal's nutritional status involve measurement; i.e., what to measure and how to do it accurately. The most complete expression of adequate forage quantity and quality for the grazing animal should come from evaluating the animal itself because the animal is the final integrator of its diet. Therefore, the right measure or measures obtained directly from the animal should reflect the best, and most accurate, measure of the grazing animal's nutritional status.

Animal responses that are manifest in milk, wool, meat, hides, or offspring are useful for measuring forage quality and, hence, the nutritional status of the grazing animal (Cook and Stubbendieck, eds. 1986). Six direct measures taken from the animal to evaluate the grazing animal's nutritional status include: hair analysis (Haaland et al. 1977, Horn 1981, Jones 1981, Combs et al. 1982), blood analysis (Gossett 1960, Mufarrih 1964, Sides et al. 1978, Hinnant 1979, Rowlands 1980, Kronfeld et al. 1982, Garnsworthy and Topps 1982, Bines and Morant 1983, Bull et al. 1984, Selk et al. 1985), urine analysis (McCarthy et al. 1983), bone analysis (Read et al. 1986), milk analysis (Horn 1981, Robards 1981), and body water as a fat estimate (Bartle et al. 1983, Dunn et al. 1983). These analyses have several things in common: 1) they require varying amounts of sophisticated and expensive equipment to obtain and evaluate the samples collected, 2) operation of the equipment and interpretation of the data obtained requires special training, 3) constraints on the temporal and spatial sampling of material often introduces bias and prevents accurate conclusions on establishing cause and effect relationships, and

4) none of the methods allow for immediate changes in management by the producer.

This paper concentrates on body condition scoring obtained either visually or by palpation of the animal's exterior. This tool, singly or in combination with other tools, is proposed for use by the producer as well as the researcher to rapidly evaluate and manage the grazing animal's nutritional status.

#### Body Condition

Body condition was defined by Murray (1919) as "the ratio of the amount of fat to the amount of non-fatty matter in the body of the living animal." Various methods have been used to assess body condition in live animals; however, most of them involve specialized and expensive equipment that limit the practical application of the techniques (Kirton 1964). Photogrammetry (Brinks et al. 1964), ultrasonic methods (Stouffer et al. 1961, Davis et al. 1964, Brown et al. 1980, Kempster et al. 1982, and Andersen et al. 1983), hypodermic thermistor needles (Watkins et al. 1967), measures of specific gravity (Kraybill et al. 1952), evaluation of body water (Garrett et al. 1959, Shebaite 1977), the use of tritiated water (Searle 1970), the use of "OK (Kirton and Pearson 1963, Brooks et al. 1985), muscle biopsy (Everitt 1964 as cited in Preston and Willis 1970), deuterium oxide (Byers 1979), urea dilution (Bartle et al. 1983), and prediction equations (Yadava 1970 as cited by van Niekerk 1982a) have been tried. Physical measures have also been used to assess body condition in live animals. The lack of physical measurements to describe the animal in a complete manner is more the result of inadequacy rather than inaccuracy (Lush and Copeland 1930). The ratio of heart girth (Black and Knapp 1938) or chest girth (Preston and Aitken 1963, unpublished, as cited in Preston and Willis 1970) to height at withers has a significant correlation with percentage of fat. Chest girth is closely related to liveweight (Johansson and Hildeman 1954, Burt 1957, Brookes and Harrington 1960, Umoh and Buvanendran 1982) and empty body weight and may account of 86-96% of the variation in body weight (Buvanendran et al. 1980). When liveweight and height are expressed as a ratio, the value has been shown to correlate to fatness (Klosterman et al. 1968, D. Pruitt as stated in 1986, unpublished NCR-87 report). Body composition appears useful in predicting weight at puberty in beef heifers (Brooks et al. 1985).

Physical measurements should only be made when the animal is positioned in an even stance (Wagnon et al. 1957, Tulloh and Maritz 1964) because an incorrect position of the feet can affect accuracy of height measurements of the withers (Swett and Graves 1939). Yao et al. (1953) found wither height to be a better measure of height than height of chest floor, height at flank, or depth of chest in beef shorthorn and milking shorthorn steers. Cattle may stand more quietly for hip height measurements than height measurements of the withers (Williams et al. 1979), but both are accurate when measurements are carefully made.

The response of physical measurements such as height may (Neville et al. 1978) or may not (Lush et al. 1930) be affected by feeding regime. Good et al. (1961) found only 11.6% of the variation in fat cover at the 12th rib was significantly correlated

(negatively) to the physical measurements of: width between eyes, width of muzzle, circumference of round, and circumference of cannon bone.

The trends for liveweight and fatness in beef cattle are similar throughout the year, with increases in fall and decreases in spring (Brown et al. 1980). Croxton and Stollard (1976) have shown positive correlations of .85 between changes in condition scores and liveweight during the winter for beef cattle. Changes in fatness, however, occur within a narrower range compared to liveweight changes. Russel et al. (1969) concluded that a body condition score is superior to liveweight in predicting body fat in sheep, even when liveweight is added as an independent variable in a multiple regression equation. Liveweight not only reflects body tissue but out fill (Brown et al. 1980). Cows and calves may actually be gaining mass while losing condition; but if mass declines, condition will fall dramatically. Early in a calf's life, weight gain may be predominately protein (Applegate et al. 1986a). Especially during the later stages of pregnancy, liveweight may be increasing because of body fluids, membranes, and the fetus while body condition may actually be declining, depending on the nutritional status (Brown et al. 1980) and age (Frood and Croxton 1978) of the grazing animal. Liveweight may vary independently of body composition in lactating cows (Chigaru and Topps 1981) and in lactating sheep (Cowan et al. 1979). The nonnutritional increase in liveweight during later stages of pregnancy has been estimated to account for 45 kg in a 454 kg cow (Spitzer 1977) and between 9 and 14 kg in ewes (Jefferies 1961).

One technique that does not require specialized equipment, is repeatable (Graham et al. 1984, Woodburn et al. 1986), accurate (Gresham et al. 1986), and provides immediate management options is the use of body condition scores. A body condition score refers specifically to the subcutaneous fat covering the body (Thompson et al. 1983, Herd 1986). Fats in the body are in a constant state of flux as indicated by Schoenheimer (1942). Subcutaneous fat is late developing but appears to be a preferential source of mobilized fat (Russel et al. 1968) and, therefore, should be quite reliable in evaluating the grazing animal's nutritional status. It is not, however, the only body reserve that can be utilized (Macmillan and Bryant 1980). Conditioning scores for Angus and Angus x Hereford cows have been used to estimate (r = .66) the percentage of empty body fat (Thompson et al. 1981). Condition scores appear more useful as predictors (re range = .82-.83) of carcass composition than lightweight or weight:height ratio  $(r^2 \text{ range} = .58-.68)$  in mature Hereford cows (Wagner et al. 1985c). These data indicate 76% of the variation in carcass fat can be explained by body condition scores.

Changes in liveweight within an animal vary greatly relative to condition scores; therefore, it may be preferable to accept condition score as a separate parameter (Macmillan and Bryant 1980). Houghton et al. (1986) suggested that body condition scores and liveweight, when used together, are useful in determining energy requirements for cows in various production levels. Several researchers have regressed liveweight and body condition scores to predict the magnitude of a unit change in condition score (Table 1). The relationship between liveweight and body condition score, however, may not be positive (van Niekerk 1982a).

Table 1. Liveweight change (kg) per unit change in condition score.

Source		Breed or class of livestock	•
	1-10	Cattle	
		Beef	31 - 54
Frood and Croxton (1978)	0-5	Cattle	
		British Friesian	25 <u>+</u> 1.6
Graham (1982)	0-9	Cattle	
		Beef	61.5 <u>+</u> 5
Jefferies (1961)	0-5	Sheep	
		Merinos and Corriedale	7
Macmillan and Bryant (1980)	1-10	Cattle	
		Dairy	30 - 35
Morris et al. (1985)	1-10	Cattle	
		Beef and crossbreds with	
		dairy genotype	25.2
Peart*		Cattle	
		Blue-Grey	83
		Herefore x Friesian	90
Russel and Wright (1982)	0-5	Cattle	
		Galloway	61
		Blue-Grey	97
		Herefore x Friesian	104
		Luing	106
		British Friesian	110

<sup>\*</sup>Unpublished results cited in Russel and Wright 1982.

The simple, linear correlation between fat cover and condition score for mature Bos taurus cattle representative of beef in the United States was shown by Gresham et al. (1986) to be .74. Condition scores are a way of measuring the external body reserves (Frood and Croxton 1978) and are significantly correlated with all measures of carcass fatness (Bellows et al. 1979) or the energy content of the carcass (Dunn et al. 1983). Condition scores have been used to predict the killing out of dairy steers (Bailey et al. 1984) and to successfully estimate carcass fat depth in 18- to 24-month-old steers (Graham and Clark 1984). Condition scores, however, may be more accurately applied to adult than to juvenile animals because growing animals may actually be gaining in liveweight (e.g., via skeletal growth) while condition scores may be falling (Frood and Croxton 1978).

Dairy breeds deposit more fat in the abdominal cavity (internally) compared to beef breeds that deposit more fat subcutaneously (Callow 1961, Kempster 1980–81). Differences among breeds for internal fatness, therefore, are probably not reflected by condition scores (Long et al. 1979b). Herefords and Friesians represent the extremes of the beef and dairy types with respect to fat partitioning (Williams 1978 as cited in Truscott et al. 1983b). Herefords have approximately double (P < .001) the number of subcutaneous fat cells compared to Friesians, although both breeds have similar numbers of intraabdominal and prescapular fat cells in relation to fat-free body weight (Truscott et al. 1983a). At all ages Herefords apparently have more (P < .001) of

their fat in subcutaneous depots compared to Friesians (Truscott et al. 1983b). Subcutaneous fat deposits in cattle respond readily to the need for lipid storage by increasing cell diameter to a maximum size of approximately 250  $\mu m$  or by recruiting cells through either pre-adipocytes or hyperplasia (Truscott et al. 1983a). It appears an average and critical fat cell diameter may act as the trigger mechanism for further increase in number of cells (Klyde and Hirsch 1979). For subcutaneous fat in cattle this critical diameter may be approximately 150 µm; however, the same diameter may not trigger new cells in all depots (Truscott et al. 1983a). Thin cows apparently have a faster rate of fatty acid synthesis in adipose tissue than do fat cows (Bines and Morant 1983). This permits higher food intake before short-term chemical regulation of intake starts to operate.

#### **Body Condition Scores**

Condition scores are subjective and are assigned to each animal after visual appraisal, external palpation, or both. Although numerical categories characterize all scoring systems, the number of categories and the criteria used to place an animal in a specific category vary widely among the various scoring systems (Table 2). If each body condition score has been adequately defined, repeatability should be high (Graham et al. 1984). The low repeatability reported from Everitt's (1962) 10-point system may have resulted from inadequately defined intermediate scores because only the extreme

SOURCE				SCORE	E DESCRIPTION	PTION		j.	i d	Š	•
0 Appleate et a1. (1988)	SEVERB Y THIN- shruken, and physically welk. All ribs and bone structure easily visible.	THIN- similar to 1, but not wekenad Little visible muscle tissue.	year hulte no fat on ribs or briset, and some mus- cle still vis ble. Back- bone easily vis ble.	4 Inin, with rbs easily visible, but strouters and hindmarters still stroning fair mustling. Backbore visible.	5 ODERATE TO HIN- LAST two or: Ithree rils, can be seen. Ittle evi- ittle evi- tore of fat in brisket, over r bs, or around tail- heaf.	Bod snoth apre arace trroughaut. Some fat deposition in briset and over tallnead. Rise covered back apre araconded.	Very god flesh bris- ket full, tall- ked sbus pokets of fat. Back appears squere, rits wery smoch	B GESE (FAT)- back very square, brisket dis- terded, heay fat procets arand tail- head. Cowhes square apprea- salt of exces- silt of exces-	Seldon seen in comer-call herds. Her obese. Her of beservits of fat.	୍ର ପ୍ର	Coments
Beverly (1981)	FOR- staving-border- ing on infumer survival ques- tioned during stress. No pal- pable fat cover along backbore or ribs.	VEKT PHIN- DOOF MINE Pro- duction-changes for rebreeding sin to none. Sim to present shong backone but no fat cover over ribs.	Hilk- loverd milk production- poor repro- duction, Fat along back- along back- arount of fat cover over ribs.	BORGELINE- reproduction bordering on inalequate. Some fat cover over ribs.	MOENATE- minitum nec- essary for efficient re- breeding-good mik prodic- tion-greeral- ly good over- all appar- are Fat cover over rbs feels sporgy.	MOTRATE TO COOD- milk production rebreading very fast cooper over ribs and fast beginning to be pulpable around tall-	flesh-mxi- mm condition neded for efficient efficient spray fat con- er over r bs arond tail- hed.	FAT- very flesty- unecessary- no dvantage in recreeding from having coust in this cordi than Cose had large fat deposits over rifes, a roand taffheat, and below vulva.	EXRDELY FAT- extremely we sty and patchy-may case calva- ing prob- lens. Cose extremely over- conditioned.		
Drum-Lahort agre (1981) Palpæle	ROR- Shoulders, ribs and spinous processes very sharp.	VEW THIN- Shoulders, ribs a spinous processes fairly sharp.	THIN- Shoulers and spinous proces- ses fairly shap; bower ribs only slightly prominent.	BREER INE- Shoulders and comus pro- cesses rounds with ribs easi- ly felt but no longer seen individually.	HOCERATE. HOD-GOOD-Same as number should ers 4 only to a rounded, i higher degree. Muth sponta. Fat and spinous pressy fellower find the finger of the finger the same of t	MO-GOO- shoulders randed, rbs with spray fat and spinaus pro- ceases felt with firm pressure by finger thes.	6000- Some as run- ber 6 only to a higher degree.	FAT- Shoul der Shoul der snocth, ribs with fold of fat devel oping large deposits Processes can not be felt.	EXTREMELY FAIT FAIT SAFE as num- ter 8 only to a higher degree.		EXTRACLY FAI- Scalers bulging, r bs with great fold of fat and the spinous pro- cesses canct be felt.
Drum-Labort.agne (1981) Visual	Brisket stoke folke of skin only, lover surface of breast-bone 1/4 the distored to breast to face to and to fat on tall head and tuffst but up" with skin only, stance, narrow.	VEW THIN- Same & number 1 only less severe.	THIN- Some fat on beriget, Tail beriget, Tail some tissue cover on top (prominence depends on con- format bin). Twist same as number 1 and 2.	EXCER INE- Same as run- ber 3 only more covering with the twist showing same tisse.	HOCERATE- Lover surface of solid briskel 1/2 the distance down on fore- am to knee. Tail head styles (easily ettly. The brist should some tissue.	MO-COCO- Brisket and tailhead cor- diffus simi- lar to run- ber 5. Twist with moderate fat depth.	000. Brisket and brisket and this shilar to number 5 with trailhed showing fat 'rounds" (soft to the touch).	FAT- Fat deposits FAT- in the bridget Bridget and area becoming twist similary are and lar to runn- larger and large to runn- similar to similar to the pietely twist is full buried. of fat Sterce is broad and anhal is beginning to acumulate fat down to hocks.	ETRIFELY FAT- Briset and briset simi- lar to num- ber 8 with tre tailhead almost com- e pletely burled.		EXTRACLY FAI- Fai mee length, tailhead completely burier in fait with the buist showing fat down to hocks, mobility impairer.

Table 2. (continued)											
SOURCE					SCORE	DESCRIPTION					
Don, et al. (1983)	<b>&gt;</b>	<b>-</b> •	7	m	4	9	8	6	OI.	Coments	
		The vertical and		The processes		The springs	The ends of	Bone struc-			
		transverse pro-		of the spine		processes can	the spinars	ture carnot			
		Vertebrae are		Can be ident i		Se felt with	processes can	Se felt.			
		sharp to the		ally by touch.		strength presents	of the first	141 mead			
		tourn and can		They fee!		feel rounded.	Fesure.	fatty tis-			
		be distinguished		remoded not		Space between	Species between	Se.			
		visuai iy.		sharp and the		the processes	the processes				
				the mocesses		t for debad	Paradehad at				
				is less pro-		only with	ell. Abridant				
				nounced.		Tage of the	fat cover				
						Sure. Areas	around the				
						on either side of the tail- head fillied.	taihed with sme patthiness				
Ercarbrack (1986) <sup>t</sup>		Firger tips re-		Rtbs can be	R tos are pron-	Rts are ex-				This palpation pro- cedure concentrates	
		tion of a soft.	receive a firm		inent upon palpating and	trensly prom-				on the r b area	
		smooth almost	sensation as they		Can be seen.	touch and				y us and mars of	
		Jelly-like feel	are run over the			can be easily				assigned to each	
		Area Ribe can	Can not be felt			Hed.				nomertal value. A	
		nd be felt and	and the skin is							ans indicates &	
		the skin moves	tighter over the							than the base ran-	
		freely over the	. <del>.</del>							ertal score A	
		ros in almost a								plus indicates a	
		fash bn.								than the bace	
										numertal score	
\ \frac{\fir}{\fin}}}}}}}}}{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac}\fir}}}}}{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\fir}}}}}}{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac											
	dously no	The individual	The individual	The short ribs	The stort ribs	The bare struc-					
12	fat cover at	short ribs are	stort ribs can	can only be	carnot be felt	ture of the ani-					
IL	<b>_</b> :	sharp to touch	still be felt,	felt with very	and fat cover	mal (s no lorger					
		head fat can	rather than	oresure. Areas	head (Seasily	the tail head					
		be felt.	sharp. There is	either side of	seen as slight						
					mornes. rold	pletely tar 160					
			taff head.	cover that can	giming to	Folds of fat are					
				oe easily reit.	the ribs and	the rits and					
					thishs of the	th.					
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	Converts s	
	9	
	Bore structure not seen or each of the fat Animal's month of the fat Animal's month of the fat.	
	Anmal taking in a snoth, block space, block space, bone specific dispersion of the space of the	
	Ents of the spinors process can only be felt with very final processes can processes can barely be all. Abundant fat cover on either site of tail heat with evident.	
PTION	to the first service of the fi	
E DESCRIPTION	Lab and 13th Rbs fully ribs and visi-coverat, no ble to the eye and treable to miss animal the eye. Has been uness animal the eye. Has been to spannings cesses can be covering a feel with firm foreribs at feel with firm foreribs and feel to on each stiff feel with firm foreribs and feel to on each stiff feel with firm foreribs at feel to on each stiff feel to on each stiff firm able to the feel transports and the feel transports and with firm forests and with firm forests and with film forests and cesses.  Areas on each staff on the tail firm forests and cesses and with film forests and cesses.  Areas on each staff of the tail had and cesses.  Areas on each staff of the tail had but not fill and but not forests.	
SCORE	Foreth of the state of the stat	FAT.  The backtone can just be backtone detected with the parent as a small hard line between the large eye nurse is. The furth process cannot be felt as they we that ly covered and full feel as a hind of the parent is thick fat to be full with it thick fat to be full with its parent full with
	Beginning of Forerbs in fat core over not cleable, the loin, back, 12h and 11 and 12h	FIGWAD STORE DUDITION— WIT have only a a small elevation. It will have only to a small elevation. It will not be smooth and rounded over the tip so that it will only be possible to feel the individual bones with pressure. It will also be smooth and well covered. It will also be to feel over the ends. The ends of the lumbar processure to feel over the ends. The ends. The ends. The ends. The smooth and well covering will be feel over the ends. The smooth and well covering will be found to moderate feel covering. We will be full with a moderate feel covering.
	Little evidence of fat deposition but some muscilling in himse querters. The spinors processes spinors processes spinors processes spinors processes with spoce between them.	AVENCE STORE  OUTIGHE  The backbone  All be promit  that but smooth  It will be possible to feel  soble to feel  soble to feel  soble to feel  the promit  All be possible to pass  the to pass  the promit  All be possible to pass  the fingers  the fingers  the fingers  the stim will  be stim will  be stim will  be thin, mis  s as low as  s as low as  libed to pass  why made of the fetter  and in there will  be thin, mis  s as low as  s as low as  libed to pass  the fingers  the fingers  the stim will  be fittle fat,  and libed to be  the stim will  the thin, mis  s as low as  the stim will  the thin, mis  s as low as  the stim will  the thin, mis  s as low as  the stim will  the thin, mis  the thin, mis  s as low as  the stim will  the thin, mis  s as low as  the stim will  the thin mis  the thin, mis  s as low as  the thin, mis  s as low as  the stim will  the thin mis  the thin, mis  s as low as  the stim will  the thin mis  the thin mis  the thin, mis  the thin mis
	Bore structure of shouler, ribs, back, ribs, back, shop to touch and easily visible of demon of demonstrate or musciling.	POR STORE COM- The backbore will be prominent and starp with virtu- starp with virtu- ering around the bores. The lumbar processes will also be shap at the erds and the fingers will also be shap at the erds and the fingers will be possible to bore. The every the man there will be no fat at will be no fat at all. The star will be no fat at a possible to borour. This as score should not communicate the management.
ļ K		This is on the point of death when the sheep are extremely emclated as cooms after an extended disease.
SOURCE	Herd and Sprict (1986) (Adapted from Lowner) 1976)	Deferies (1961)  FRYSOSSET FREE  GRANDE

0	-	2	3	SCORE	DESCR 5	IPTION 5	80	6	QI.	
The animal is enacted with the spinous processes, hip bones, tall head and rbs projecting prominently. No fatty tisse can be detected and the nearal spines and transverse processes feel very shap.	The individual spinous processes are still fairly sharp to the sharp to fat around the tail head. The hip bones, tail head and ribs are still prominent but appear less obvious.	The splnus processes can be identified individually when touched, but feel rounded rather than sharp. There is some tissue cover around the tail head, over the hip bones and the flack. Individual ribs are no longer visually obvious.	The spinus processes can only be felt with firm pressure. The pressure. The pressure side of the tail head now have a degree of fat cover which can be exily felt.	Fat coer.  around the tail head is evident as evident as sider. Thourse, soft to the touch. The spinous processes can- process	the bone struc- ture is no lorger no- ticeble and the animal presents a blocky.  The tail head and hip bone are almost competely buried in fatty tissue and folds of fatty tissue and folds of fatty and spinals pro- cesses are competely fat and the spinals pro- cesses are covered by fat and the animal's animal's animal's animal's the large amount of					
	End of trasverse process of vertebrae very prominent; individual bornes felt as dem corrugations. Ribs are prominent, clearly visible and are felt as dem corrugations.	end of trasverse processes prominent. Individual bones are felt as corrugations. Some fat cover is detectable over the bones but individual ruts are felt easily as corrugations.	Erd of trareverse processes slightly rounded by fat, felt with: light pressure. Individual over the bones. Individual light pressure. Individual light pressure. Individual light pressure.	Ends of individual individual processes are felt only with moerate processes of fat is off a is only with moerate poers individual ribs are felt only with moerate process.	Irasverse processes are felt only with film pressue. In idea soft fat covers ribs. Individual triss are all ribs are felt only with film pressue.	Individual transverse processes grocesses factors to the felt. Rue touch with a tendency to patch lines; patch lines; patch lines; patch lines; patch lines; patch lines; be felt.				

	Converts	
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DESCRIPTION	tat we the second of the seco	84
1)	DEST. Palpation gives feeling of extensive fat cover over body, or fold of fat can readily il- bloated es- ped ally on s- ventral abdo- men.	hal The spinus  The processes can  The processes can  The seen with  The film preserve. The  The seen with  The
SCORE	MOCEMILY OCES: Individual ribs and spinus pro- cesses of writhrae can- not be dis- cernd on pal- pation with moderate pres- sure.	The individual spinous processes can only be felt with film pressure film pressure overed with points of the hops are covered with fat and are rounded. The gluteal muscules when the side bulge to give a convex
	NGWL- Ribs discerni- ble only on application of application of application of palpation, spinous pro- cesses of vertebrae not readily appar- tion of mode- ate pressure, tron of mode- tron of mode- tron of mode- ate pressure, tron of mode- tron of mode- ate pressure, tron of mode- ate pressure, tron of mode- tron of mode- ate pressure, tron of mode- ate pressure, tron of mode- ate pressure, tron of mode- natione not apparent muscles of hind lub hind lub nomal,	The spinus processes can I be felt but have a rounded feel and the ribe cannot be seen individually. The glutcal mustice are the same as in Score 2.
	Ribs readily R Ribs readily R Mittern Billiam R Mittern Billiam R Billiam Billiam R Bi	The Individual spinous processes are still fairly sharp to the control and the ribs can be seen individually. The ually. The ually. The land mure is when assessed in from the side have a straight appearance.
	VEW THIN- No apparent tissue over rbs on palpation, individual spinous processes and, transverse lurbar verteine readily discenti- ble, Lordissus ble, Lordissus ours or care, muscle of hird lifth wested.	The spinars processes are sharp but less so than in Some 0. There is some subarthese processes and on the points of the hips. The gluteal muscles are the same as in Score 0.
OURCE	BMCLATED- Extensive re- duction of all muscles.	Eneciated animals with no experent sub- cutareous fat. The spinus pro- cesses in the lumbar region feel sham. The gluteal muscles when assessed from the side are wasted to give a conceave appearance.
SOURCE	Moris (1986) <sup>tt</sup>	Pullan (1978)

SOURCE					SCORE	DESCRIPTION	PTION		l	o	Ş	e tracent
	•	DMCIATED- Com is extreme- ly enerlated with no palabble fat detect ble over spinous processes, transverse pro- cesses, hip bones or ribs, Tail- heaf and r bs project quite prominently.	POGR-  Con still appears Ribs are still some and enaction individual but tail— identifiable head and ribs are but not quite less prominent. Sharp to the licit prominent touch. There is spinous processes are still ble fat along rabber sharp to spine and over the touch but tailhed with some tissue cover some tissue cover some tissue exists along the cover over derists along the cover over spine.  of ribs.	S s	ECROCK. INC. Individual r bs are no longer visually obvious. The spinous processes can be identified individually no palpat ion palpat ion palpat ion than sharp. Some fat cover than sharp. Some fat cover than sharp. The sharp is sharp in the pones.		HIGH MOCERATE- Film pressure the population of feel spinus processes. A high degree of fat is palpable over rbs and around tail- hed.	MOERATE— BIGN MOERATE— COC- Cow has gener— Film pressure— Cow appears ally good mon needs to flessly and overall appear—be applied to obviously arce, upon feel splinus—carries con- fael splinus—services—A site able cover over—high degree of fat leng spring and over r bs and er over r bs spring and over r bs and er over r bs spring and over r bs and er over r bs either side—head. "Founds" or head now have palpable fat obvious Some cover.  fat around valva and in crotch.	oby Seing Son Bart Seing Son Seing S	EXTREELY FAT.  Cor obti- usly ex- treely vesty and locks blocky Tail head and hoss bried in fatty tissue and 'roancs' or "panes' of fat are protruding, bone stuc- ture no longer visi- ble and barely	2	
	Extremely emoclated and on the point of death.	Spinars processes prominent and sharp; transverse processes also sharp, the fingers passe easily under the ends, and it is possible to feel between each process; Mr. longissimis dorst millow with virtually no suboutereus fat cover.	Spinars pro- cesses prominent individual pro- cesses can be cesses can be file only as file conviga- tions; trans- werse pro- cesses smoth and rounded, little sub- outavecus fat cover.	Spinals processes have but smoch, and nonly a small individual processes can be smoch and felt only as rounded, and fine corruga cosses can be trions; transport transport trions; transport transport trions; transport	Spinas pro- Spinas pro- cesses can be detected be felt every with pressure with firm as hard line pressure and between ends; there is a m. logissimas depression i and aspolated subotaneous subotaneous fat where spinas can cesses can not be felt; normally be m. logissimus felt; trans- mith thick sub- cesses can ocareous fat be felt; first cover. dors! full wrse pro- with thick sub- cesses can inth thick sub- cesses can socareous fat be felt; first full with thick sub- dors! wery thick subotaneous full with thick subotaneous full	Spinus processes canot be felt even with film pressue and there is a pressue and there is a garcesion in a subctaneous fat where espinus processes would normally be espinus processes canot be felt; firangement of fat cover; there may be fat cover; there may be large deposits of fat over nump and tail.						It is possible to some to the nearest 0.25 or 0.5 unit depending upon the nature of the experimental work.

VERY THIN- Poor milk pro- duct fon, charces for rebreeding slim to none.
along backbone slight anoun but no fat cover of fat cover over rbs. over rbs.
BACIATED VER THIN- Smiler to 1, No palpable but not wedened, or visible fat on ribs or briset. In- dividual mus- cles in the hind quarter are easily visible and spinos, pro- cesses are very apparent.
BMCATB- VER THIN- Similar to 1, ho palpable but nc or visble fat weakened, or visble fat corvisbe. In- dividual mus- cles in the hind quarter are easily vis ble and spinous proc- esses are very apparent,

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	Connents	The anhals are hardled on the lumbar region and around the tail-hear.
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TION	٥	•
SCORE DESCRIPTION	'n	The bone structure of the annual is no longer not treeple and the tail head its almost competely buried in fatty tissue.
SCOR	4	Fat cover around the tail head is easily seen as slight mounds, soft to the tunch. The transverse processes cannot be felt.
	m	The transverse processes can only be felt with firm pressure and the areas on either side of the tail had have some fat covers.
	2	The transerse processes can be identified introducing when touched, but feel rounded rather than sharp.
	I	The individual transverse processes are sharp to the touch and easily distinguished.
	0	The anthal is enactated. No fatty tissue can be detected and the neural spines and transverse processes feel very sharp.
SOURCE		Wright and Russel (1994) (After Lownan et al. 1976)

t Ercabrack, K. S. 1986. Body condition scoring of shep (Mone comunication) U.S. Oept. Agr., Agr., Res. Ser., U.S. Shep Epp. Sta. Obbois, 10.

tt Morris, J. G. 1986. Body condition scorring of cattle p. 1 (Umpublished) U.C. Davis Dept. of Anim, and Physiological Sci., Davis, CA

tttkettemann, R. P. and K. S. Lusby. 1986. Oklabona State University condition scoring system p. 1 (urpublishad) O. S. U. Dept. of Anim. Sci., Still Water, OK.

conditions were defined. Visually assigned scores are normally based on the amount of subcutaneous fat present around the base of the tail and over the hips, back, and rios (Macmillan and Bryant 1980). I is possible, if only visual appraisal is used, heavy hair coats (Good et al. 1961), wool (Ercanbrack, personal communication), full digestive tracts, or the large conceptus of late pregnancy (Dziuk and Bellows 1983) may bias the scoring. Jefferies (1961), however, did not find wool length to bias visual appraisal if a subsample of Merimo and Corriedale sheep to be scored were first externally palpated.

One of the earliest, most frequently quoted, and the standard for scoring Bos taurus cattle in Britain (Pullan 1978) was a palpation procedure developed by Lowman et al. (1976). They used a O (emacrated) to 5 (excessively fat) point scale to describe fat cover. In practice the system uses 1/2-unit scores for animals whose condition is intermediate. Pullan (197A) states five areas of the body are evaluated for fat cover using Lowman's system on the spinous processes of the lumbar vertebrae, over the lower rib came, at the hip bones (tuber coxae), around the tail head, and at the second thigh (gluteal muscles). The fingers are placed on the neural region of the spinous processes of the fourth and fifth lumbar vertebrae while the thumb is used to palpate the transverse processes (Fig. 1). The prominence of the spinous process is the main measurement; however, if it cannot be felt as a result of fat disposition, additional assessment is made around the tail head and over the hio bones.

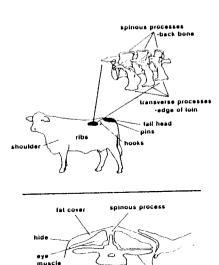


Figure 1. Anatomic areas that are used for scoring body condition in beef cows. (Source: Herd and Sprott 1986).

back bone

transverse process

In the procedure given by Dunn et al. (1983), a ninepoint scale was proposed to evaluate fat cover over the loin area. Based on this scale, scores accounted for between 77% and 86% of the carcass energy content and fatness when 31 mature beef cows were evaluated. They advocated the loin area as the most important area to palpate in thin animals to obtain accurate scores. Graham and Clark (1984) showed a significant relationship (P < .001) between body condition and subcutaneous fat depth at the 12/13 rib, with correlation coefficients between .85 and .87 for cows. This may reflect the closeness to the loin area where animals are scored and the fat depth at the 12th and 13th ribs. The low correlations between body condition scores and ultrasonic methods normally arise when extremely thin animals are evaluated. Preston and Willis (1970) indicate ultrasonics require  $\geq$  10 mm of fat cover for efficient estimates.

Nelsen et al. (1985) combined palpated and visual scoring to evaluate 2- to 6-year-old Hereford and mixed breed cows. The two scoring methods were nositively and linearly correlated (P.C.01) but not equal. Only 50% to 60% of the variation in one score could be accounted for by the other score. the palpation procedure, two persons using a 10point scale (1 = emaciated, 10 = fat) examined each animal on the spinous process of the lumbar vertebrae, over the lower rib cage, at the hip bones, around the tail head, and at the upper rear of the hind legs while in a chute. Visual scoring was done by two observers, also using the 10-point scale, as the animals walked away from the scale. The linear regression coefficients for the two procedures were similar (P < .05) and positively correlated (P < .01) for the Hereford and crossbred COME

Several scoring systems, including the 9-point system used by Whitman (1975), are often quoted but have not been published. Table 2 lists 19 systems found in the literature or obtained from individual researchers. In addition to the 5- and 9-point systems described in Table 2, Bailey et al. (1984) described a 7-point system; Filmo and Ray (1985) used an 11-point system with categories between 5 and 15: Gresham et al. (1986) used but did not describe a system having 17 categories with 17 being the fattest score. All systems reviewed in this paper, except the 5-point system used by Ercanbrack (1986) at the U.S. Sheep Experiment Station, Dubois, Idaho, indicated fatter animals with higher numbers: the Idaho system ranks rather than quantifies body conditions.

#### Use of Body Condition Scores

The sole function of a grazing cow is to produce a large calf early in the calving season, raise it to a heavy weaning weight successfully, and repeat the process every 12 months throughout her productive life. This often is not realized under free-ranging conditions, and in many instances the cause can be traced back to inadequate nutrition at critical stages in the cow's reproduction cycle (Spitzer 1977, van Niekerk 1982b).

Feed requirements are influenced by age, breed, stage of pregnancy, level of production, stage of lactation, and conformation (Macmillan and Bryant 1980). Fatness is closely (P < .01) related to dry matter intake (Brown et al. 1980). Thin cows consume more (P < .01) dry matter than cows in higher body condition (van Niekerk 1982a). Adult sheep in poor body condition also increase their food intake by eating faster or grazing longer than fat sheep (Arnold and Birrell 1977). This increase may be up to 24% more if thin and fat cows are fed ad libitum (Bines and Morant 1983). Intake may not be influenced by pregnancy because van Niekerk (1982b) was not able to show significant differences in dry matter intake between pregnant and non-

pregnant cows. Condition scores have been used to identify the need for different feeding requirements (Croxton and Stollard 1976) and are advocated for use in feeding fat and thin cows according to their nutritional needs (Dziuk and Bellows 1983). Wagner et al. (1985a) indicate the highest metabolizable energy (ME) per kilogram of metabolic weight occurs at a body condition score of 4.68 (9-point system) and that a thin cow (3) or a fat cow (7) would require 4.4% and 8.9% less ME per kilogram of metabolic weight. They also found the effect of temperature on ME required for maintenance was dependent on hody condition score. Their data suggests the effect of temperature on ME required for maintenance may be greater for thin cows than for cows having a moderate or fat condition score. Although maintenance costs can be reduced in thin cows, the savings probably have little value based on the substantial amount of data that connects reproductive performance to proper (not thin) body condition.

Body condition ultimately influences reproductive performance (Richards et al. 1986). A cow's body condition is highly correlated with the length of interval from calving to first estrus (D. C. Adams, personal communication). Most studies show a positive relationship between condition score at calving and subsequent production. The interval from parturition to estrus and subsequent pregnancy in beef cattle appears to be influenced more by prepartum nutrition as reflected in body condition scores at parturition than by postpartum nutrition (Dunn et al. 1983; Spitzer 1977; Macmillan and Bryant 1980; Graham 1982; van Niekerk 1982a, 1982b; Richards et al 1986). Some evidence exists, however, that postpartum nutrition may influence production (Macmillan and Bryant 1980) including the postpartum interval to estrus (Graham 1982, Rutter and Randel 1984) and total pregnancy rate (Spitzer 1977). Graham (1982) was unable (P > .05) to show pregnancy rates to be affected by cow condition score at calving. Changes in body fat, as indicated from body condition scores, may have little effect on the likelihood of pregnancy in non-lactating and latelactating Branqus cows once estrus cycles are reinitiated after parturition (Filho and Ray 1985). Horstman et al. (1986) were unable (P > .10) to show body condition or percent body lipid had any effect on reproduction or calf gain.

Based on data compiled from six states on postpartem diet and calf separation. Wettemann et al. (1986) concluded that providing additional energy (flush) for 28 d, beginning an average of 30 d postpartum, along with short-term (48 h) calf separation at 14 and 28 d after the beginning of flush, did not enhance reproductive performance or the initiation of the breeding period if cows were in thin to moderate body condition (1-9 point scale).

If cattle have adequate body reserves going into late pregnancy, the incidence of dystocia and calf mortality should be reduced (Russel and Wright 1982), while fat cows need help calving (Kilkenny 1982). Dziuk and Bellows (1983) advocate separating pregnant dams into management-nutrition groups that give thin females more nutrition than fat females. Thompson et al. (1983) indicate visual appraisal is adequate to separate Angus and Angus-Hereford cows into fat and thin groups.

Australian research has shown that the cow's condition at calving is more important than liveweight gain on milk production (Ellinbank Dairy

Research Station 1976). The dams postpartum nutrition may (Richards et al. 1986) or may not (Whittier et al. 1986) have an important effect on calf weights. Research by Broster (1971) suggests a cow's milk production is maintained by mobilization of body reserves (fat), even if her appetite is low 2 mo postpartum when energy requirements are high. Cows in poor condition at calving persistently gave low, late-peak milk yields while cows in good condition at calving gave high, early-peak milk yields. If cows in moderate to good condition lose some weight postpartum but are flushed for a period 2 weeks before breeding and on through breeding, the kilograms of calf weamed will not differ from cows that were maintaining or gaining weight from parturition through weaning (Richards et al. 1986). In Holstein cows it has been demonstrated that the fat corrected milk yield from fat condition cows was greater (P < .01) than the milk yield from thin condition cows (Davenport and Rakes 1969). Likewise, it has been shown that cows grazing lowquality pasture, giving relatively large amounts of milk, maintained less fat during the middle and last part of lactation than those that give smaller amounts of milk (Brown et al. 1980). On a withinherd basis dairy cows that lost one unit of condition produced 10 g more milk fat per day (P ( .05) and 2.4 kg more milk fat (P ( .01) for the whole of lactation than herd mates that maintained condition (Mcmillan and Bryant 1980).

Dairy cows apparently sacrifice maintenance and tissue storage for lactation (Flatt 1966. Moe et al. 1971); however, it appears Angus cows on high-quality pasture maintain large amounts of fat instead of producing large amounts of milk. This difference may reflect a different metabolic priority between dairy and beef breeds (Brown et al. 1980). Thin cows probably produce more milk than fat cows. Thus, at weaning cows in thinner body condition should be the best producers. Applegate et al. (1986b) have shown that cow body condition score was not a significant source of variation in calf average daily gain but that thin cows produced calves with a higher (P < .05) average daily gain than fat cows.

Cows in high body condition tend to lose more weight following parturition than cows in a lower body condition (Davenport and Rakes 1969). In beef herds, utilization of body reserves during winter is common so body condition should not be considered as static throughout the year. The cow's condition may be most critical at mid-pregnancy (Kilkenny 1982). Wagner et al. (1985b) found that losses in condition score taken in winter were not influenced by cow breed or calving date. However, cows nursing male calves (bull or steer) lost more condition (P  $\leq$  .10) than cows nursing heifer calves, and cows giving birth to heavier calves tended to lose more condition (P  $\leq$  .10) than cows giving birth to lighter calves. These researchers concluded that fat Hereford and Angus cows lost more weight (P  $\leq$  .10) and condition (P < .001) than thin cows during winter, and manipulation of body condition during the winter under Oklahoma range conditions appeared limited.

Breed, management, and month of birth appear to influence body condition scores in heifers between 450 and 630 d of age with traditional beef breeds being fatter than the traditional dairy breeds while Bos indicus were intermediate in condition scores (Long et al. 1979a). Information on breed effects on condition score is limited, however (Long et al.

1979b). The use of a single equation to predict body fat for all beef genotypes and one for all sheep genotypes from condition scores may not be possible because different breeds of sheep (Palsson 1940, Russel et al. 1969, Russel et al. 1971) and cattle (Wright and Russel 1984) distribute body fat in different proportion to the various fat depots.

#### Conclusions

Accurately evaluating the free-ranging animal's nutritional status is difficult. Forage analysis is time consuming and, at best, only gives a partial answer because grazing animals are selective when choosing their diets. Esophageal fistula data has helped the researchers sort out animal selectivity and preference. This kind of information, however, can only be incorporated into management strategies after laborious laboratory analyses and data summarization. This often occurs in a time frame that may separate cause and effect responses outside the realm of practical management. All samples of body tissue or fluids taken from the animal provide a limited amount of immediate information useful for making management decisions. Analysis requires expensive equipment and specialized training to operate the equipment and interpret the data.

The use of body condition scores obtained either visually or by palpation of the animal's exterior appear to offer a reliable assessment of the animal's energy reserves (fat). Because subcutaneous fat appears to be one of the initial depots mobilized by the body, it provides an excellent means of immediately evaluating an animal's nutritional status. The use of body condition scores should be considered in the design and interpretation of nutritional experiments, especially when pregnant animals are being used in light of how incomplete a nutritional picture liveweight changes or physical measures can be, especially during the later stages of pregnancy. Because body condition scoring systems do not require sophisticated equipment to obtain the data, the tool can effectively be used by the producer as well as the researcher. One factor that has prevented the widespread acceptance of body condition scoring has been the lack of a scoring system that has been adequately defined. A written and pictorial description of each condition class within a breed type offers the best chance for a system that will have widespread acceptance and repeatability. In addition to adequately defining each condition class in terms of what should be observed or palpated, it would be preferable to use a system with a standard scale. This would be especially convenient in providing adequate documentation within scientific papers because most material and methods sections of papers where condition scores were used do not have an adequate description of the scoring system, especially for those categories between the extreme values. Based on the literature reviewed for this paper, the number of scales used by the various systems vary between 5 and 17. Most systems, however, appear to have either 6 or 9 points. Visual appraisal may be adequate for cattle with smooth hair coats or for recently shorn sheep. Finger tip palpation may always be preferable but should always be used on wooled sheep and where long winter hair coats can mask conformation. No literature was found in which goats were scored for body condition; however, with appropriate modification, any present scoring system could be successfully adapted.

Body condition can be used effectively to control behavioral overfeeding by separating fat and thin cows and managing according to nutritional needs (Dziuk and Bellows 1983). The influence of postpartum and prepartum nutrition, as it affects the overall production efficiency, is not clear cut. It appears, however, prepartum nutrition is probably the most important stage to establish the proper body condition in cattle to ensure a minimum postpartum interval that results in the highest number of weaped calves. Van Niekerk (1982a) states the relationship simply as the lower the condition score at breeding, the fewer the number of calves at wearing. Postpartum nutrition has the most influence on the calf through the milk production. Monitoring the reproductive and lactational stages in the range animal's life cycle using body condition scores offers a cost effective and easy to use tool. Body condition scores can be used independently or in combination with other techniques to accurately monitor the grazing animal's nutritional status.

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